

## A Transformative Year

*By Karen Belyea, Executive Director*

Transformation is in the air in the Province of Ontario and at TCE. In July 2014, the Select Committee on Developmental Services (SCDS) tabled its final report titled 'Inclusion and Opportunity: A New Path for Developmental Services in Ontario' and it received all-party support.

In the recent budget, tabled post-election, the government committed \$810 million over the next four years specifically to address a number of key areas, including to:

- Expand direct funding to individuals with developmental disabilities to eliminate the Special Services at Home waiting list in two years and the Passport waiting list in four years;
- Provide more funding for residential services for those in urgent situations (1400 people);
- Support young people as they navigate and transition through key life changes such as going to school or getting a job;
- Promote community living partnerships through expanded host family and supported independent living;
- Support agencies and front-line workers in the community services sector;
- Promote innovation and cost savings so that savings can be reinvested back into improving services.

The government is moving quickly on a number of the recommendations of the SCDS, one of which was to establish a Provincial Housing Task Force. The Developmental Services Housing Task Force - the first cross sector task force to tackle housing issues specifically for adults with a developmental disability –will review proposals and make recommendations on innovative housing solutions.

The task force will develop a framework for capacity-building projects and recommend housing projects for potential government investment and evaluation.

They will also identify performance indicators and develop online resources to help individuals and families access information, collaborate and support each other in exploring and creating successful housing solutions.

I'm honoured to participate as a member of the Housing Task force alongside a group of dedicated individuals, each bringing their own unique experiences and perspective. What unites us is our shared commitment to finding housing solutions for the citizens of Ontario with developmental disabilities.



*Our new house on Starwood Drive*



*Lobby of our new office with a display of 'Uncorked' Christmas Offerings!*

This was a year of transformations at TCE as well. We had exciting and energizing changes and overwhelming and sad ones. Of course the sadness relates to the three amazing long-term residents we lost this past year: Diane, Doug and Chris. It was very hard for residents and staff to experience such cumulative grief and loss. Through mutual care and support, we have rallied and found ways to celebrate and keep their memory alive while carrying on.

Change has also brought about opportunities. We finally moved into our new building in June after a delay of almost a year, due to a fire. Everything is brand new and we love it! If you haven't visited yet, we are located across the street from our old office. You can't miss our sign with our new logo! Not only did our Administration office move but the Albert St community program also relocated to 190 Colonnade. The community program took time to settle in and set up due to the influx of new participants and staff - it essentially had to re-define itself. Check out our Facebook page to see what these amazing folks are up to. Drop by and visit us if you are in the neighborhood!

In other news, we have some exciting developments and plans to share with you! TCE has purchased a new home, on Starwood Drive in the west end of Ottawa. After the completion of some minor renovations, we look forward to welcoming three new residents to their home early in the New Year!

TCE also had the pleasure of welcoming several new residents this Fall! It's great to have these young people join the 'TCE family'.

We hope you enjoy our annual newsletter but you don't have to wait once a year to get updates from us. After all this is a year of Transformations so join us on Facebook or Twitter or visit our website. Better yet register for our digital newsletters by providing your email and stay connected all year long. It's easy all you have to do is email [tceadmin@tceottawa.org](mailto:tceadmin@tceottawa.org) and we'll add you to our e-news registry. Happy Holidays!



*Moving Day! Lindsay settling into her new room.*



*Mark, Anna-Marie & Joan hanging out with new friend Gareth*



*Mike serving up stir fry at the Colonnade Community Program*

## Budding Artists

*By Janice Barclay, Board Member*

This summer, a number of TCE residents participated in two art workshops at Nepean Visual Arts Centre. We were in a real art studio, which set the stage for a couple of days of pure creativity. I love to paint, so I wanted to share my enthusiasm with the residents of TCE. A few of my teacher friends and a very enthusiastic high school student helped out as well. The accompanying staff were happy to join in the painting process and assist as needed.

The arts are another form of communication. Painting can be very relaxing and rewarding! At the first workshop, participants reviewed colour theory. Red, blue and yellow are primary colours that make all the other colours. Then we talked about how colours can make you feel. When I held up a blue paper, Mark said it made him feel like "a hot tub at a hotel". "Ahhhh!" Everyone could identify with that relaxed feeling! When I held up a yellow and asked the same question, he said he felt "even better!"

Then participants arranged and drew geometric shapes to begin painting their abstract, mixed media art. Abstract art is freeing because your piece does not have to look like anything in particular. Forms and colours that you find pleasing. You can just add after the paint was applied, buttons and odds and ends were lovingly applied. Sometimes pictures emerged. Mandy's geometric shapes took the form of a friendly robot and Jessica saw a cuckoo clock emerge. The creative process was definitely at work as we all got absorbed in the art. Everyone was so proud of their finished piece!

The residents said they would like to paint flowers at their next session. The room was full of vases of colourful flowers to inspire the painters. We started out with a similar geometric shaped background but this time added large colourful flowers. They were so vibrant; you could almost smell their sweet aroma!

One of my favourite pieces was a collaborative one inspired by Willem de Kooning, a Dutch American abstract expressionist born in 1904 in the Netherlands. Each person at the workshop had a hand in painting the large canvas in primary colours as was turned randomly for the next person to apply paint. It was heart warming to see Katherine dancing to the music on the radio while she added layers to this canvas!

You will see this piece and others displayed proudly at the front entrance of the TCE office. Next time you walk in stop and enjoy the beautiful masterpieces.



*TCE's proud Artists show off their finished works*

# The Incredible Doug

*By Robin Hubert, Kelly Roper and Karen Belyea*

If you liked the Hulk, you and Doug would be instant friends. All you had to do was check out his bedroom at Baxter House to see what a Hulk fan Doug was! He collected all kinds of Hulk memorabilia; he even had a mural on his wall! The only thing Doug liked almost as much were his sunglasses and of course his large, extended family.

Doug was a true original, with a great sense of humour, twinkle in his eye and strong friendships with his roommates and staff. As Robin Hubert and Kelly Roper recall 'Doug was a huge tease and if he knew something bothered you he would do it all the more, all the while giggling about it. He always said and signed "I love you" before he left for work and never forgot to tell you to "be good and work hard", we often wondered if this was one of the values his parents had instilled in him. If you were lucky you got a big hug upon his return from work. That is when he wasn't barreling in, slamming the door and letting everyone know he was home!

Doug loved Christmas and Christmas music! He was a great singer and his rendition of "Santa Claus is coming to town" with accompanying sign language was the best version we ever heard."

Little did I know all those years ago when I phoned Doug's beloved Mom, Leona, to tell her we had a space, that not only would Doug be moving in, but the whole Fahey clan would be adopting us! It would be impossible to list all of the wonderful ways the Fahey's supported Doug, his friends and TCE over the years. Ron and Leona, Doug's parents, were one of the founding families of the Family Support Network and participated in many fundraising activities over the years.

Ron Fahey was one of the 'Three Fathers', including Russ Baxter and Herb Westman who were instrumental in the rebuilding of our home on Golden Avenue which we now call Baxter House.

Doug's parents weren't the only ones rolling up their sleeves for 'Dougie', all of his brothers and sisters found some way to help. Barbara, a middle school teacher, organized Walk-a-thon's for ten years and her students raised over \$100,000 for TCE. Doug was a regular visitor to the classroom and through his presence helped scores of students learn the meaning of inclusion. Students also organized special events like The Spring Fling and Halloween Party for all of our residents. During Barb's bereavement leave her students took up a collection and donated the proceeds to TCE in Doug's memory. They made a beautiful card and thanked TCE for the work we do to support people with disabilities in the community. They also proposed to the Administration that an Annual Award in Doug's Memory be presented to the two students who best exemplify the qualities of inclusion. They are such an inspiration for the future!

Doug's brother Terry, through his company Fahey Electric, sponsors our annual picnic and every generation of Fahey, young and old, comes out to ensure there's plenty of food and laughs to go around. This year our picnic was renamed The Douglas Joseph Fahey FSN Annual Picnic in honour of this special man we all miss so much. Other siblings have dedicated golf tournaments to TCE and volunteered their time and energy at other events.

Doug's sudden passing was such a shock to all of his roommates, friends, coworkers and support workers who cared so deeply for him. This 'one of a kind' fellow whose personality and presence touched so many people during his 23 years at TCE and more at the Rosenthal Centre of OCAPDD will never be forgotten.

Although Doug is no longer with us, he will never be forgotten. I bet the next time you see the Hulk, you'll think of our Doug, I know I do and always with a smile.



*Doug and roommate Kristi sharing a laugh*



*Father Ron, sisters Sheila, Barbara and Maureen with Doug at The Spring Fling*

## Joy of Life

*By Wilson House team, Paul Schwemler, Karen Belyea*

Karen Belyea: When I first met Chris Bradshaw in Picton, Ontario in 1997, I was greeted warmly by a gentle man with a broad and infectious smile. Anyone who crossed Chris's path over the next 17 years knew that smile. I also met Ginny, Chris's sister and the best advocate a brother could ask for. Ginny was one of many brothers and sisters who loved Chris and were involved in his life.

When Chris moved to Ottawa, supported by TCE, he lived in several different models of support and developed strong bonds with friends and staff. Two important people in Chris's life were Norm and Paul, who spent lots of time with him over the years. Chris had a busy life, enjoying work and play, and travelling by plane, train and automobile to visit family from the East to the West coast. Chris loved sharing pictures and stories from his adventures.

Wilson House Staff: We were fortunate to get to know Chris when he moved into Wilson House in 2011 for pre- and post-surgical care. During that time, he charmed us with hugs and made us laugh with his trademark phrases. Getting back on his feet was very important to him. Sometimes a hug was negotiated at the end of a particularly difficult exercise, and at other times he showed off how strong he was feeling. We were so happy to see him return to his apartment at Kirkwood healthy and back on his feet!

We felt privileged to support Chris when he returned in the spring of 2013, but our excitement was veiled in sadness as this time we knew his return was for the inevitable last steps on his journey.

During this time, Chris showed so much courage, strength and love, even when he wasn't feeling great. Chris loved being silly in order to make others laugh, and he made all of us feel special around him. Chris taught and modeled how to live life to the fullest, be appreciative and love unconditionally. We are all better people for knowing him and are thankful for his trust in us. We are also thankful for the support from his wonderful family and TCE during the last days of his life.

Paul Schwemler: In June 2014, we lost a wonderful man, Chris Bradshaw, to cancer at the age of 53. Chris died at Wilson House, one of his two homes at TCE, surrounded by the people he loved and who loved him.

Chris loved people. He always greeted everyone in the same way, with his warm, broad, wide-eyed smile that conveyed that he was genuinely interested in having them play a part in his life, no matter how large or small. His smile drew us close to him. Once you were close, you could not help but share and revel in his "joy of life." We knew that no matter how our day was, Chris would absolutely make it better. Chris would celebrate our good times and lift our spirits when we were down. Your day was always fulfilled once there was some Chris time in it!

Fortunately, we all have fond memories of Chris to carry with us. In moments of reflection, we will feel the warmth and glow of the "joy of life" with which he touched our hearts and souls. Thank you Chris for your legacy of joy!



*Chris and Friend*



*Chris and his sister Ginny*

# A "Super" Celebration of Life!

*By DJ McDonald, Director of Operations*

Chris loved Superheroes and so all of his friends and staff decided to throw him the biggest Superhero Party ever. Planned for June 20 & 21st, Chris enjoyed a visit from Spiderman & pals on Friday 20th before slipping away that evening.

Chris' party on Saturday became a fitting celebration of his life with appearances by the Hulk, Captain America, Batman, Superman and Worf! His many friends and family wore Superhero t-shirts, enjoyed outdoor live music, cotton candy, pizza, make-your-own Sundaes, cupcakes, huge balloons, piñatas and shared tears and laughter in memory of our very own Superhero.



*Leslie leads the way*



*The Hulk, Batman, Jean, Ericka and Leslie hanging out*



*Worf and Captain America with Ginny and husband Mark*



*Staff Morraine, Meaghan, Sheila, Ericka, Jackie and Leslie with Captain America and Worf*

## Our Lady Diane

*By Karen Belyea and Robin Hubert*

DJ and I first met Diane at the Rideau Regional Centre in 1989 awaiting her move to a new home with TCE. Diane's early life had its ups and downs and after her move to Eleanor Drive, she certainly tested us to make sure of our commitment. Thank goodness we passed! It did not take too long to realize we had royalty in our midst. Our very own Lady Di... and what a lady she was. Before we knew it, she was ruling the roost, quite literally. Diane had a love of birds and really wanted her own 'tweet tweet'. So it wasn't too long before she got a budgie, kept it in her room and cared for him/her (nobody was ever certain of the gender). Often, she was the only female in the home and she didn't mind taking advantage of her male housemates who would be happy to serve and wait on her. Often referring to them as 'yucky boys', although secretly I think she did like one or two. Rumour has it she had her eye on Paul in later years. Diane was a very strong woman with a mind of her own and it would take some persuading to convince her to do something if she didn't want to. We all have fond 'Diane' memories that make us smile.

When I asked Robin Hubert what she thought of when she thought of Diane, here is what she shared:

"When I think of Diane, I smile with a tear in my eye. Diane could make you laugh, no matter what kind of mood you were in. She had the craziest most amazing sense of humour which fit right in with all of us at Baxter Community Day program. We would often ask how do you come up with this stuff?" and she would just laugh. I remember we made Christmas ball ornaments for her Christmas tree one year. They were made of Styrofoam balls, marshmallows and glitter. Diane took it home and a few weeks later when I went to her house to visit, all that was left of her ornament was a styrofoam ball with glitter. When I laughed and said 'Diane! Did you eat the marshmallows?' she just giggled and replied "I am sorry tweet tweet". I love that story. It cracks me up. (Diane called me tweet tweet because of my name).

Diane also had the most generous and caring heart. She invited my kids and me, whom she called "babies", (and are now adolescents) to her annual Christmas party every year. She would be waiting at the door with a trinket from her room wrapped in a bag for my "babies" and me as a gift for Christmas. She would often do this for her friends at day program whether it was for a special occasion or just because she wanted to.

Diane was very proud of her many trinkets she collected and displayed in her room but nobody had better touch them or she would know.

She loved animals, babies and music, although she would never listen to an entire song before switching it to the next one. Just to make us crazy I am sure. She was such a tease and she did have a potty mouth, boy did she come up with some good ones. Coming from Diane though, it was hard to be offended or upset. Those of us who knew her well, may even continue to use a few in her honour.

She was such a wonderful woman, an irrepressible spirit who enriched our lives. We think and talk about her often and miss her so much ... and we smile."



*Diane with Santa*



*We love you too!*

## Greetings from TCE's New Board Chairperson

*By Candice Presley*

As newly appointed Chair to TCE's Board, I am looking forward to the new responsibilities. I have been a member of the board for the past seven years, and have been impressed at every turn at the professionalism and compassion at all levels of the organization. With amazing staff and administration, the Board's job is made both easier and a pleasure to perform.

The current Board is a mix of experienced and new members with a wealth of backgrounds; committed to supporting TCE's goals. Check out the website to read their biographies.

This year is proving to be an exciting one! TCE's new look, new offices and active social media campaign are already showing the community what a great organization we are and giving us a chance to boast about the amazing things that people are doing.

We are looking forward to celebrating more successes, and are in the midst of planning a Gala Dinner to celebrate TCE's 35th Anniversary in early May. Stay tuned for more details! We hope to see you there.

## A Family Reunion

*By Andrea Gendron, Residential Counsellor, Quinn Residence*

It had been 14 years since Tom and his mother Roxanne had spent time together in person. Tom's mom lives in Western Canada and had been unable to visit. Thanks to the initiative of Tom's staff team at Quinn and an application to TCE's Special Fund, that all changed this summer! Tom and his mother, along with Tom's brother George who lives with support in another home, were reunited. The Special Fund flew Roxanne to Ottawa where she stayed with her sister for a two week visit and spent time with her boys. Tom was thrilled to show off his mom at home and at his community activities with the Christian Horizons-GROW Program. Tom and Roxanne hit the town, going to the movies, out for dinner at The Lone Star and even to a monster truck show at the Gloucester Fair. Beautiful summer days were spent walking, stopping for picnics at the park and enjoying ice cream to beat the heat. Tom also hosted a BBQ at Quinn where he was able to introduce his mom to his roommates and staff and show her around his room and home.

Tom and George also enjoyed an early birthday celebration with their mom. Many special memories were made that Tom, George and their mom will cherish forever. If you see Tom out and about, be sure to ask him about his mom's visit, because he loves to share his wonderful pictures from it. Roxanne was truly appreciative of the opportunity provided by the Special Fund and we are very grateful that her family could experience this happy reunion.

Roxanne gave Quinn staff a lovely thank you letter:

"I cannot express enough the happiness and joy that you have given me. As a parent of special needs children, I'm eternally grateful for the great work that you do and provide."

To support the Special Fund, call 613.228.0999 ext. 222 or email [karenbelyea@tceottawa.org](mailto:karenbelyea@tceottawa.org)



*Tom and his brother enjoy the day!*



*Tom and his mother finally reunited!*

## TCE is getting social and it's good for business

*By Rainuka Oberoi, Social Media Consultant*

"Social enterprises are businesses owned by nonprofit organizations, that are directly involved in the production and/or selling of goods and services for the blended purpose of generating income and achieving social, cultural, and/or environmental aims. Social enterprises are one more tool for non-profits to use to meet their mission to contribute to healthy communities."

-Social Enterprise Council of Canada

It has long been our belief that TCE residents are valuable members of the community. Recently, we have been thinking about the ways individuals bring value and in turn get something back for their contribution. We have been putting on our "social enterprise" hats, looking at all the wonderful talent we have at TCE and figuring out ways to harness it and turn it into income to support our programs. And we're well on our way!

Uncorked is a social enterprise created by Baxter Community Program. It consists of a small group of crafters who, with their big imagination and hands-on artistry, come together to make beautiful and unique artwork. Most of Uncorked's creations are made of wine bottles and corks, and no two are alike. All proceeds from Uncorked's sales go directly back to supporting the program and the artists. There's another reason that we call this social enterprise Uncorked: it celebrates the untapped or better yet "uncorked" talent in our community. And we think that is a good thing.

If you would like to place an order, email [tcebaxterdp@tceottawa.org](mailto:tcebaxterdp@tceottawa.org)



*Uncorked artists extraordinaire Madeleine & Sylvaine!*



*Ready to decorate for the holidays?*

## A Fresh Spin for Laundry Matters

*By Rainuka Oberoi, Social Media Consultant*

Speaking of social enterprises, we and our partner, Families Matter Co-operative, recently worked together on a grant proposal for the Ministry of Community and Social Services. We were lucky to receive funding to grow Laundry Matters, the mighty little social enterprise that employs many TCE residents. As a result of our efforts, we were able to approach Bruyere Continuing Care to offer them laundry services across all of their facilities. Laundry Matters had already been doing laundry for patients at Bruyere's Saint Vincent Hospital; now, thanks to the additional resources, we will be able to expand our services to Bruyere's other facilities, including Elisabeth Bruyere Hospital, Saint Louis Residence and The Village in Orleans. This is a very big win for Laundry Matters!



*The Care Crew: Darryl, Mike & Mark*



*Do you need laundry services?*

## Celebrations with the Family Support Network

Christmas party planning is well underway and families can look forward to receiving an invitation to join their family member and friends at a festive celebration of the season. We will once again be gathering in smaller venues for our Christmas get-togethers to enjoy refreshments, catching up with old friends and a visit from a special fellow in red!

As always, we look forward to seeing you then. The Family Support Network (FSN) will once again provide gifts for all of TCE's residents.



*Jacob, Christopher & Miok Kim Wilson and Sylvaine & Pierre Bourque enjoy some Christmas Cheer*

## Family Support Network & Board BBQ

The annual Family Support Network & Board BBQ received a new name this year, The Douglas Joseph Fahey FSN Annual Picnic. It was changed to honour Douglas Fahey, and is sponsored by Fahey Electric. It was held on a beautiful summer day, Saturday, August 23rd at Andrew Haydon Park and there was a great turn-out! We enjoyed the music of The Diplomats and the wonderful meal generously provided by Terry Fahey (Fahey Electric), brother of Doug, assisted by multiple generations of Fahey's! What a great way to celebrate the last days of summer.

For more information about the Family Support Network and how you can join, please contact the TCE office at (613)228-0999 or [tceadmin@tceottawa.org](mailto:tceadmin@tceottawa.org). You may also read all about us on the TCE website at [www.tceottawa.org](http://www.tceottawa.org)!



*The official banner is unveiled!*



*The Price & McCarthy family enjoying the Picnic*

## Staff Appreciation Hoe-down

*By Karen Belyea*

For this year's Staff Appreciation Party we had a real live Hoe Down at the Lone Star Ranch with a fantastic turnout of more than 150 staff and board members. Everyone got into the spirit with great grub and a down home game of Family Feud! Unfortunately, the wagon rides weren't too popular given the frigid temperatures but a lot of fun was had by all. We're a serious bunch, especially at the Awards Ceremony, as you can tell by the pictures! TCE is very proud of our employees and the support they provide every day to ensure our residents have meaningful lives.



*Welcome to the hoe-down!*



*We take staff appreciation awards very seriously!*



*Greatest staff in the world!*

Regardless of the abilities or needs we live with...

## Every Canadian Counts



There is a campaign gaining steam and you can support it! Regardless of the disabilities or needs we live with, Every Canadian Counts.

Why do we need a National Disability Insurance Program?

Long term disability can affect anyone and already does affect over 2.5 million Canadians and their families every day.

Very few Canadians living with long-term disabilities receive the supports they need to live a dignified life. In fact, many individuals and families have been plunged into crisis – being forced into bankruptcy, hospitalizations, and even homeless in their struggle to access in the most basic publicly funded services.

In such a wealthy country, it is irresponsible and unacceptable for the Government of Canada to allow citizens who were born with or who have acquired a disability to live in crisis.

Countries like Australia have already committed to national disability insurance programs because they know that providing needed supports to citizens is the right thing to do. It also makes economic sense because preventative, sustained support cost less over the long term than crisis interventions and allows more citizens to be active in the workforce.

Get Involved!

Every Canadian Counts needs your support to become a success – will you help us?

### Sign up to be a Supporter

- Fill out the registration form on the ECC website to become an ECC supporter, to receive news about ECC progress, and to get involved in local advocacy actions.

### Attend an ECC Meeting

- Learn more about ECC, meet the working group, and join the discussion about the future of disability supports in Canada.

### Sponsor our Work

- Make a financial contribution and help us grow the Every Canadian Counts organization to support our coalition's advocacy work.

Website: [www.everycanadiancounts.com](http://www.everycanadiancounts.com)

Email: [info@everycanadiancounts.com](mailto:info@everycanadiancounts.com)

Phone: 1(866) 844-8736

## Holiday Green Tips

*By Elizabeth Coolen, Board Member*

Here at TCE we like to be friendly to the environment. Holidays are a time of year that can be quite wasteful. The Baxter Community Program is doing its part to reuse materials found around the house to make meaningful and fun Christmas presents. It's called Uncorked and they're making art and gifts out of wine corks and used bottles.

Following the resident's lead, here are some great tips for 'green' gift buying and giving:

- Buying locally made gifts can have a tremendous impact on reducing emissions involved in transporting traditional manufactured goods.
- Keep an eye out for gifts made from recycled materials.
- Giving battery free gifts will ensure harmful toxins remain out of our landfills.
- When wrapping presents, try to use newspaper or flyers instead of buying wrapping paper. Not only will you save yourself money, but you'll be eliminating needless waste and often providing much more interesting gift decor (think funny pages!).
- Save gift bags you receive, then reuse them when giving gifts yourself.
- Have piles of your children's old artwork that you don't know what to do with? You have nowhere to display all of it, and you don't want to throw it away. Why not use it to create a calendar for the New Year, or even make cards for a family member. You can use Good On One Side paper to glue it on!

Everyone at TCE wishes you a safe, happy and 'green' holiday!



# TCE Newsletter

You are reading the official newsletter of Total Communication Environment (TCE), a registered charitable organization dedicated to supporting individuals with multiple disabilities and special communication needs.

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**Web site:** [www.tceottawa.org](http://www.tceottawa.org)



## Total Communication Environment Homes and Programs

**Wilson House**  
5 Eisenhower Cres.  
Nepean, Ontario  
K2J 3Z8  
613-843-7516

**Hillmount**  
24 Hillmount Cres.  
Nepean, Ontario  
K2G 3E3  
613-224-4406

**Anderson Place**  
42 Leeming Drive  
Nepean, Ontario  
K2H 5P7  
613-828-2578

**Wilson House Community Program**  
5 Eisenhower Cres.  
Nepean, Ontario  
K2J 3Z8  
(613) 843-7516

**Baxter House**  
644 Golden Ave.  
Ottawa, Ontario  
K2A 2G2  
613-722-4946

**Kilbarron**  
12C & 12D Kilbarron Rd.  
Nepean, Ontario  
K2J 5A8  
613-843-8038 (12C)  
613-843-8039 (12D)

**Riverbend**  
5 Riverbend Dr.  
Nepean, Ontario  
K2H 5G9  
613-721-5143

**Riverbend Community Program**  
5 Riverbend Dr.  
Nepean, Ontario  
K2H 5G9  
613-721-5143

**Eleanor**  
16 Eleanor Drive  
Nepean, Ontario  
K2E 7G1  
613-224-5975

**46 Clenning St.**  
Nepean, Ontario  
K2J 5B2  
613-843-0593

**Rosebella**  
1838 Rosebella Ave.  
Ottawa, Ontario  
K1T 1G5  
613-216-0529

**Quinn**  
2785 Quinn Rd.  
Gloucester, Ontario  
K1T 3V4  
613-822-6366

**Burma**  
164, 166, 168 Burma Rd.  
Ottawa, Ontario  
K1K 4N2  
613-742-6521

**Colonnade Community Program**  
190 Colonnade Rd. S Unit 100  
(east side loading dock entrance)  
Nepean, Ontario K2E 7J5  
613-233-0129

**Kirkwood**  
575 Kirkwood Ave.  
Ottawa, Ontario  
K1Z 5X3  
613-761-7468

**Wyman**  
3554 Wyman Cres.  
Ottawa, Ontario  
K1V 0Z2  
613-247-9294

**Baxter Community Program**  
644 Golden Ave.  
Ottawa, Ontario  
K2A 2G2  
613-722-4946

TCE is happy to offer you the option of making a secure online donation through CanadaHelps.

**Giving is easy:**

1. Go to [www.tceottawa.org](http://www.tceottawa.org)
2. Click on the Donate button

If mailing your donation, please include the following information:

Enclosed is my donation of \$ \_\_\_\_\_

(please make cheque payable to **Total Communication Environment**) or

Please charge my Visa/MasterCard/Amex: Card # \_\_\_\_\_ Expiry Date \_\_\_\_\_

Name as it appears on Card: \_\_\_\_\_

Signature \_\_\_\_\_

**Please print name & address as you would like them to appear on your donation receipt:**

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Total Communication Environment is a registered charity, BN: 11926 7714 RR0001

Income tax receipts will be issued for all financial contributions over \$10.00



Making Connections for Life